



**ICAR-INDIAN INSTITUTE OF SPICES RESEARCH**  
**(Indian Council of Agricultural Research)**



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**(ISO 9001:2008 Certified)**

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**CIRCULAR**

Those who are interested to participate in the Sports & Games events of ICAR Inter- institutional Sports Meet South Zone for the year 2015 to be held at Central Institute of Fisheries Technology Cochin during **May 25<sup>th</sup> to 29<sup>th</sup>, 2015** may kindly give their names to the undersigned or indicate the name along with the event (s) on or before **29<sup>th</sup> April 2015**.

**MEN EVENTS**

1. Foot ball
2. Volley Ball (Shooting)
3. Volley Ball (Smashing)
4. Kabaddi Men
5. Badminton (Single & Double)
6. Table- Tennis Men
7. Carrom Board Men (Singles only)
8. Chess Men (Single only)
9. Bicycle race, men

**LADIES EVENTS**

1. Badminton (Singles & Doubles)
2. Table- Tennis(Singles )
3. Table- Tennis(Doubles)
4. Carrom Board (Single only)
5. Chess (singles only)

**ATHLETIC EVENTS (MEN AND WOMEN EVENTS)**

1. **RACES:** 100, 200, 400, 800& 1500 Mts. Relay (100x4) and Cycle Race, 5000 Mts.
2. **JUMPS & THROW:** Long-jump, High-jump, Pole Vault, Shot-put, Javelin throw and Disc. Throw.

**(V.V. Sayed Mohammed )**  
Secretary ( Sports Promotion Committee)

1. Circulation to Staff members of IISR(permanent)
2. The Secretary, SARANI Recreation Club
3. CRC Appangala, Peruvannmuzhi Farm and KVK .
4. Notice Board.