



# INDIAN INSTITUTE OF SPICES RESEARCH

(Indian Council of Agricultural Research)

Post Bag No.1701, Marikunnu Post, Calicut -673 012, Kerala, India

Ph: 2731410, Fax: 0091-495-2730294 Email: [mail@spices.res.in](mailto:mail@spices.res.in)

No. IISR/SC/2012

Dated 13-12-20012

## CIRCULAR

Those who are interested to participate in the Sports & Games events of ICAR Inter- institutional Sports Meet South Zone for the year 2012 to be held at NAARM Hyderabad from February 27 – 2 March, 2012 at RRC Grounds Secunderabad, may kindly give their names to the undersigned or indicate the name along with the event(s) in the reception desk on or before **23<sup>th</sup> January 2012**.

### MEN EVENTS

1. Foot ball
2. Volley Ball (Shooting)
3. Volley Ball (Smashing)
4. Kabaddi
5. Badminton (Single & Double)
6. Table- Tennis (Single & Double)
7. Carrom Board (Singles only)
8. Chess (Single only)
9. Basket ball

### LADIES EVENTS

1. Badminton (Singles & Doubles)
2. Table- Tennis(Singles & Doubles)
3. Long - Jump
4. High Jump
5. Discuss-throw, Javelin throw, shot-put
6. Races 100 & 200 Mtrs.
7. Carrom Board (Single only)
8. Chess (singles only)

### ATHLETIC EVENTS (MEN EVENTS)

1. **RACES:** 100, 200, 400, 800& 1500 Mts. Relay (100x4) and **Cycle Race:** 5000 Mts.
2. **JUMPS & THROW:** Long-jump, High-jump, Pole Vault, Shot-put, Javelin throw and Disc. Throw.

  
(Sayed Mohammed V.V)

Secretary ( Sports Promotion Committee)

### Copy to :

1. Circulation to Staff members of IISR(permanent)
2. The Secretary, SARANI Recreation Club
3. CRC Appangala
4. Notice Board.
5. Website

<i>Sl.No</i>	<i>Event</i>	<i>Maximum number of participants allowed</i>
1	Foot Ball	14
2	Volley Ball, Smashing	9
3	Volley Ball, Shooting	10
4	Kabaddi	10
5	Badminton, Women singles	2
	doubles	2 pairs
6	Badminton, Men	5
7	Table Tennis Women single	2
	doubles	2 pairs
8	Table Tennis Men	5
9	Chess, Women	2
10	Chess, Men	2
11	Carom, Women	2
12	Carom, Men	2
13	Athletics	2 participants for each event except for 4 x 400m relay race, men (one team)
14	Basket Ball	7

Kindly do follow the selection procedures for the players as given below

<i>Sl.No</i>	<i>Event</i>	<i>Zonal Tournament</i>	<i>Final Tournament</i>
<b>I</b>	<b><u>Races</u></b>		
1	100 meters	12.60 sec.	12.40 sec.
2	200 meters	25.50 sec.	25.00 sec.
3	400 meters	59.00 sec.	58.50 sec.
4	800 meters	2.20 minutes	2.15 minutes
5	1500 meters	5.10 minutes	4.42 minutes
6	Relay (100x4) meters	53.00 sec.	51.80 sec.
7	Cycle Race – 500 meters	11.5 minutes	10.35 minutes
	<b><u>Jumps</u></b>		
<b>II</b>			
1	Long-jump	5.23 meter	5.50 meter
2	High-jump	1.45 meter	1.48 meter
3	Pole Vault	2.45 meter	2.61 meter