



INDIAN INSTITUTE OF SPICES RESEARCH

(Indian Council of Agricultural Research)

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CIRCULAR

Those who are interested to participate in the Sports & Games events of ICAR Inter-institutional Sports Meet South Zone for the year 2010 to be held at Central Institute of Fisheries Technology may kindly give their names to the undersigned or indicate the name along with the event(s) in the reception desk on or before 13th January **2010**.

MEN EVENTS

1. Foot ball
2. Volley Ball (Shooting)
3. Volley Ball (Smashing)
4. Kabaddi
5. Badminton (Single & Double)
6. Table- Tennis
7. Carrom Board (Singles only)
8. Chess (Single only)
9. Basket ball

LADIES EVENTS

1. Badminton (Singles & Doubles)
2. Table- Tennis (Singles & Doubles)
3. Long - Jump
4. High Jump
5. Discuss-throw, Javelin throw, shot-put
6. Races 100 & 200 Mtrs.
7. Carrom Board (Single only)
8. Chess (singles only)

ATHLETIC EVENTS (MEN EVENTS)

1. **RACES:** 100, 200, 400, 800 & 1500 Mts. Relay (100x4) and Cycle Race, 5000 Mts.
2. **JUMPS & THROW:** Long-jump, High-jump, Pole Vault, Shot-put, Javelin throw and Disc. Throw.

(V.V. Sayed Mohammed)
Secretary (Sports Promotion Committee)

1. Circulation to Staff members of IISR(permanent)
2. The Secretary, SARANI Recreation Club
3. CRC Appangala
4. Notice Board.